

LIFEGUARD TRYOUTS

2019



Saturday, April 6

Saturday, April 13

Aliso Beach, Laguna Beach

8:00AM

(Free Parking Available on Pacific Coast Hwy. Meet at the tent set up in the parking lot)

TRYOUT INFO:

- Arrive Early to check in, **Check-in opens at 7:30AM**
- Participants must be at least 16 years of age by June 2nd, 2019
- Participants under 18 years of age must be accompanied by a parent/guardian at the tryout for the entire duration of the event
- The tryout event consists of a combined 500m swim, ¼ mile run, 500m swim, ¼ mile run. The first 500m swim must be completed in 10 minutes or less, and the entire event must be completed in 25 minutes
- Use of wetsuits or fins are not permitted. Use of Swim Goggles is permitted. Swim Caps will be provided.
- Tryout Application must be completed before tryout, access online on our Employment Page
- Tryout Waiver must be printed and signed and brought to check-in for the tryout
- Visit us at www.OCLG.org and follow the employment link for more info and paperwork
- Questions? Email us at info@oclg.org or call (949) 276-5050